/ HEALTH

Pedal power: The best e-bikes in which to invest

24 Oct 2023 | | By Hitanshi Kamdar

SIGN UP TO THE BENEFITS OF BIKING WITHOUT BREAKING A SWEAT WITH THE BEST E-BIKES

Historically, electric bicycles have been bulky and inconvenient. But e-bikes have undergone a significant evolution. They're lighter, faster and more aesthetically appealing. Whether you're commuting to work or biking across the countryside on a weekend, the best e-bikes can make your **cycling** experience infinitely more enjoyable.

The idea of an e-bike might feel a bit like cheating, but that's not quite the whole story. Sure, e-bikes are a powerful assistant, but they don't take all the effort out of cycling. They're designed to help you pedal, but the motor can only assist you up to the legal limit of 15.5 mph, which means you'll have to put in some effort to go faster. You can also choose from a range of assistance modes to control the effort applied, from battery-saving modes to intense turbo modes. So, while they can help keep you from breaking a sweat on your morning commute, and make a steep incline feel like flat terrain, you can still build cardio fitness.

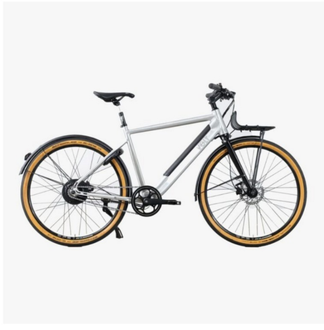
E-bikes, in case you hadn't noticed, are big business right now. As a result, there are a lot of options on the market. The kind of e-bike you need depends on what you'll be using it for. If you're mainly commuting through the **city**, an electric hybrid bike with flat bars, an upright ride position and practical accessories like mudguards and lights is the ideal option. Electric road bikes with dropped handlebars and lighter builds would be great for biking across rough country lanes; while folding bikes can be a priority for those short on storage space.

Since e-bikes are considerably more expensive than regular **bicycles**, consider them investments – like a **classic watch** or a timeless suit. And sorting through the plethora of options can get a bit intimidating. Happily, we've curated an edit of the best e-bikes on the market right now to help you make the right investment.

VOLT LONDON

The Volt London draws inspiration from its namesake city to present a bike that's perfect for riders navigating the urban landscape. Offering a resolutely upright position for views of the traffic ahead, the single-speed and torque-sensitive motor takes the hassle out of gear changes on busy roads. Use the detachable porteur rack above the front wheel to carry important documents for your meetings, or lug your groceries along on an additional pannier rack on the back.

£2,299 *Buy Now*



Read more: ***Seriously fun spin classes to try in London***

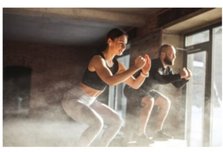
Luxury London Newsletter

SIGN UP TO OUR FREE NEWSLETTER AND BE THE FIRST TO KNOW ABOUT THE LATEST FASHION, TRAVEL AND LIFESTYLE HAPPENINGS, AS WELL AS EXCLUSIVE READER EVENTS AND OFFERS

YOUR EMAIL SUBSCRIBE

CONFIRM YOU HAVE READ AND AGREE TO OUR PRIVACY POLICY

Related Posts



/ HEALTH

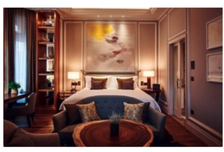
2024 wellness trends: The health and fitness movements to know about this year

02 Jan 2024
By Kari Colmans

/ BEAUTY

Party hair: How to keep your locks luscious this Christmas

12 Dec 2023
By Zoe Gunn



/ HEALTH

Sweet dreams: The London hotels taking sleep seriously

09 Jun 2023
By Anya Meyerowitz

© 2021-2024 – Luxury London. All rights reserved.
Luxury London is not responsible for the content of external sites.
Web : RMAS

Luxury London Newsletter

SIGN UP TO OUR FREE NEWSLETTER AND BE THE FIRST TO KNOW ABOUT THE LATEST FASHION, TRAVEL AND LIFESTYLE HAPPENINGS, AS WELL AS EXCLUSIVE READER EVENTS AND OFFERS

YOUR EMAIL SUBSCRIBE

CONFIRM YOU HAVE READ AND AGREE TO OUR PRIVACY POLICY