



PEDAL POWER

A revolution is quietly unfolding with the increasing popularity of e-bikes and e-trikes. These modern marvels combine the benefits of traditional cycling with electric assistance, making physical activity more accessible and enjoyable for a wider range of people. Great not just as a sustainable solution to the daily commute, e-bikes are also a dynamic way to enhance cardiovascular health, build muscle strength, and improve overall wellbeing. Whether you're a seasoned cyclist looking for a new challenge or someone seeking a fun and effective way to stay active, our top picks of electric rides provide a versatile fitness solution that caters to all levels of ability.

We love the **Jorvik Elite Electric Folding Tricycle JET-E** (from £2,699, jorviktricycles.com) as it provides all the benefits of an e-bike but with the stability of three wheels. Designed for ease and practicality, the foldable frame is compact and easily transportable. Offering a max speed of 15.5mph and a 30-35-mile battery range, the JET-E helps users to adventure confidently and sustainably. This e-trike also includes a clear display screen for riders to monitor speed and battery level, and a lockable, removable battery that will charge from flat to full in just six hours. Available in six colours.





The best-selling model from Cowboy, **Cruiser** (from £2,999, uk.cowboy.com) provides its most upright and relaxed “Dutch” riding position to date, providing improved posture and increased visibility on the road. It features comfort grips on a distinctive raised and curved handlebar to facilitate a natural hand position. In addition, a new wider saddle with larger seating surface is included, plus increased gear ratio to enable a more relaxing ride.

The **Kensington** (from £1,999, voltbikes.co.uk) is the award-winning British Manufacturer VOLT's most stylish e-bike, built for comfort and elegance; its 15- or 17-inch step-through frame suits riders of all heights. Available in light blue and lavender, it comes with a Panasonic battery that covers up to 60 miles on one charge, with suspension in the seat post for a comfortable ride.



With all the style of the original plus electrically powered pedal assistance, the **Pendleton Somerby E-Bike** (£1,099, halfords.com) guarantees effortless rides, making it easy to tackle any hill. With relaxed handlebars, stylish grips, and a deep-padded saddle, it has been designed for ultimate comfort.

The **Brompton Electric P-Line Urban** (£2,270, brompton.com) is a super-light, foldable bike perfect for city or country rides. With power-assisted pedals, a 4-speed gear system, and impressive suspension, it offers smooth, stylish commuting and exploration. Lightweight and easy to transport, it combines vintage charm with modern engineering.



Fiido's C11 bike (£939, uk.fiido.com) is a step-through electric bike that enables riders to carry heavy and large loads when on a long journey. There is the option to install a front basket rack and additional accessories, but it comes with a rear pannier rack and 500Wh removable battery. This long-range e-bike has an impressive range of up to 90km, giving you the freedom to explore further than ever before and the waterproof rating IP54 makes it perfect for UK riding.

WORDS: EMMA COXON. IMAGES: VARIOUS BRANDS.